

OFF-STREET PARKING

INTRODUCTION PLANS

PERSONAL TRAINING

MEMBERSHIPS



**FXD Fitness**

EXERCISE CLASSES

SPORTS MASSAGE

PHYSIOTHERAPY

CHANGING FACILITIES

*#fxdfitnessfamily*

**NO JOINING FEE OR  
FIXED CONTRACT**

## MEMBERSHIP

PRICE LIST

DD MONTHLY (FULL) **£45**

DD MONTHLY (OFF-PEAK) **\*£35**

MONTH PASS **£48**

WEEK PASS **£20**

DAY PASS **£9**

DD CLASS ONLY **£35**

SINGLE CLASS **£7**

## OPENING TIMES

**\*OFF-PEAK**

|                    |                      |                       |
|--------------------|----------------------|-----------------------|
| <b>MON - THURS</b> | <b>06:00 - 21:00</b> | <b>*10:00 - 16:00</b> |
| <b>FRI</b>         | <b>06:00 - 20:00</b> | <b>*10:00 - 16:00</b> |
| <b>SAT</b>         | <b>07:00 - 17:00</b> | <b>*07:00 - 17:00</b> |
| <b>SUN</b>         | <b>08:00 - 14:00</b> | <b>*08:00 - 14:00</b> |

instagram/facebook

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